



## RULES AND REGULATIONS

### GENERAL

**C-Cycle Challenge 2018 ('Event')** is organized by The New Straits Times Press (M) Berhad and D Wish Management is the appointed Technical Manager for the event (the 'Event Technical Manager').

1. The general rules and regulations are applicable to all **NST C-Cycle Challenge 2018** participants. The participants agrees to provide true, accurate, current and complete information about himself/herself and hereby confirms his/her agreement and acceptance to abide by the following rules and regulations when registering for the event.
2. The Event Organizer and Event Technical Manager reserves the right to collect and analyze the personal information relating to participants, to use any photographs, motion pictures, images, recordings, or any other record of the event and its participants for any commercial advertising and other promotional purposes.
3. After registration, there will be "NO REFUND" of registration fees to any participants, for any reason whatsoever.
4. Registration is strictly non-transferable. Participants are "NOT ALLOWED" to transfer their ride entries to another party or change ride categories once they have registered.
5. The organizer reserves the right to cancel the event at any time without prior notice to participants, in which case the organizer will make an effort to inform participants prior to the date of the event. If the event has to be cancelled, the organizer shall not be liable for any consequential loss or inconvenience caused.
6. The organizer reserves the right to modify or substitute any of these rules and regulations from time to time as it deems fit. Any amendments to these Rules and Regulations will be updated on the official registration website.
7. For group registration or any registration on behalf of any participant, the principal member or the online user account owner shall be fully responsible to inform each member of the rules and regulations of the event and is deemed to have obtained each member participant approval to accept the rules and regulations on their behalf i.e each member participant who has authorized the online registration by their friend is also deemed to have read and accepted the event rules and regulations.
8. The participant's age will be deemed to be his/her age on the day he/she registers for **NST C-Cycle Challenge 2018**.

### **CENTURY RIDE CATEGORY (160KM) – Road Bike Only**

- A. Men's Open (18yrs – 39yrs)
- B. Men's Senior Open (40yrs and above)
- C. Women's Open (18yrs and above)
- D. Team Challenge (Special category)
  - i. Each team entitled to compete in this challenge if they registered at least a minimum of 6 participants in any century ride challenge category (men's, women's and men's senior open category).
  - ii. There is no limit to the number of participants in each team.
  - iii. The timing results of the top 6 finishers from each team will determine the best team performance time.
  - iv. Participants must be from the same registered team.
  - v. Additionally, every individual in a team is qualified to win the individual title of the respective category.

If any participant fails to comply with the conditions stipulated above, the participant will be disqualified immediately, and any wins in individual/team/challenge category will not be recognized.

### **FUN RIDE CATEGORY (35KM)**

- A. FUN RIDE OPEN
- B. CORPORATE SENIOR MANAGEMENT

This category is opened to PUBLIC, and all types of bicycles.

## **TECHNICAL**

### **A. RACE ROUTE AND PARTICIPANT'S NUMBER**

1. All participants will be provided with a number plate and a body number. The number plate needs to be affixed to their bicycles properly. Number plates are not allowed to be modified, cut, folded or defaced.
2. All participants must follow the designated routes and abide by instructions given by traffic marshals and officials appointed by the Event Organizer throughout the event.
3. The distance and the route for the **CENTURY RIDE** and **FUN RIDE** categories stated on the event facebook <https://www.facebook.com/C-Cycle-Challenge-2018-1874855419223046/> and the online registration operator facebook <https://www.facebook.com/JomEventCom/> subject to change pending regulatory approvals. The distance and duration for the **CENTURY RIDE** and **FUN RIDE** categories are approximate, and the Event Organizer reserves the right to change the distance if necessitated by circumstances.
4. Participants for **CENTURY RIDE CHALLENGE** must attached the assigned bib to the lower back of their cycling jersey/t-shirt. Participants not wearing a bib will be asked to leave the route.

### **B. GREEN SPORT**

1. Cycling is a green sport. All participants are reminded that the event route passes through areas of wildlife, mother-nature historical sites and reserves. Littering and throwing rubbish or water bottles along the route is not allowed.
2. Participants, support car team members, appointed officials for the event are prohibited from engaging in indecent behavior including but not limited to urinating in front of public or at places of warship (mosques, churches or temples).

### **C. STARTING LINE**

1. Participants must be present at the start line at least 15 minutes before the start of the race of the **CENTURY RIDE** and **FUN RIDE** categories.
  - i. Century Ride flag-off time: 7.30am
  - ii. Fun Ride flag-off time: 7.45am
2. Disposable Timing Chip will be given to each **CENTURY RIDE** participant during race pack collection. Should a participant lose the timing chip, that participant will not be ranked in the final timed results.

3. For safety reason, participants who do not start on their respective flag-off time, may be disqualified and not be allowed onto the course.

#### **D. PARTICIPANT'S SAFETY**

1. Wearing a helmet is MANDATORY. Participants are not allowed to race without a helmet.
2. Sleeveless jersey or attire is prohibited.
3. Child seat on bicycle is not allowed for safety reasons.
4. Participants are not allowed to draft or pace along with support cars or public vehicles.
5. Participants must check and service their bikes before the event, and ensure that their bikes are roadworthy prior to the start.
6. Participants at all times must be aware of other cyclists around them.
7. Whilst reasonable precautions will be taken by the Organizer to ensure participant's safety, participants who take part in the event do so at their own risk. The organizer will not be responsible or held liable for any injury or death howsoever arising from training for or by participating in the event. Participants are strongly encourage to consult their medical practitioner prior to registration and before the event day.

#### **E. ROAD SAFETY**

1. Only the left hand side of the road will be closed during the race. All participants especially drop participants are reminded to keep to the left during the race.
2. Participants are to remain behind the safety escort lead vehicles and in front of the safety escort rear vehicles at all time.
3. Participants are reminded to observe traffic rules at all times. Participants who are not able to keep up with the race convoy shall ensure their own safety by following the road and traffic laws.
4. The Event Organizer will arrange for traffic police support and race marshals to assist in traffic control and safety measures. Each participant is reminded of the importance to practice safe riding to ensure their own safety and the safety of other participants.
5. Participants must abide by standard Highway Code, national rules of the road as well as the direction of police, traffic management and event officials during the event.

#### **F. CUT-OFF TIME (CENTURY RIDE)**

1. Road official will divert participants who are unlikely to finish the ride within the stipulated time/duration. Such participants will be guided to the designated diversion points for the BROOM/SWEEPER pick up arrangement. For participants own safety and to avoid being caught in between life traffic, participants are not allowed to continue their ride, and for participants/riders who still want to continue shall ride at their own risk.
  - i. Cut-off Time: 41km @ 9.00am
  - ii. Cut-off Time: 82km @ 11.00am
  - iii. Cut-off Time: 117km @ 1.00pm
  - iv. Total Time limit: 7 hours
2. Finishers' medal will still be issued to the aforesaid riders. But, participants will be recorded as "Disqualified" or "DNF" (Did Not Finish) in the official timing.

## **G. SUPPORT CAR**

1. Only registered teams consisting of a minimum of 10 participants are allowed to have their own support car. The Event Organizer will provide an official support car sticker. Only support cars with the official support car sticker will be allowed to follow the race convoy. Any support cars following the race convoy without the official support car sticker will be stopped from following the race convoy immediately.
2. Each support car to be charged a minimum fee of RM100 but limited to 20 cars ONLY. The order of support cars will be based on first come first serve basis.
3. Individual participants are not allowed to have their own support car.
4. The Event Organizer will provide Neutral Service Support Car to assist participants during the race.
5. All support cars must have their car head lamp turned on when following the race convoy.
6. All support cars must follow road and traffic laws. The support car should always keep to the left side of the road unless the rider requests for any assistance. The support car can only overtake when the rider is calling for feeding or mechanical assistance.
7. For safety reasons, support cars are forbidden from any sudden stops or emergency brakes during the race.
8. Should a support car need to overtake big peloton to get to their rider at the front of a peloton, the support car must first receive clearance from the chief commissaries car and overtake with the assistance of the traffic marshals.
9. All support cars are not allowed to cross the finish line and shall divert at least 50-100m before the finish line.

## **H. SUPPORT CAR REGULATION**

1. Support cars must always follow behind the commissaries car.
2. Mechanical assistance is only allowed to take place on the left side of any service road or emergency lane.
3. All repairs must be done in stationary mode. On-the-move assistance along the race route is strictly prohibited. Feeding is only allowed behind the commissaries car.
4. Should a peloton consist of less than 15 participants, the support car will be allowed to feed their rider in front of the commissaries car. Participants must drop behind the peloton for feeding.
5. Sticky bottles are not permitted for feeding. Participants will be immediately disqualified if spotted by commissaries.
6. Should a rider breakaway or if there is a drop rider, and there are no commissaries cars present, the support car is required to follow behind their rider. Participants are reminded that no pacing, drafting or pushing is allowed. Participants will be immediately disqualified if spotted by commissaries.

## **I. NEUTRAL SERVICE FUNCTION**

1. Neutral service will be provided to all participants.
2. Neutral service will also provide feeding (water & banana) and mechanical assistance should any repairs be required.

## **J. BROOM WAGON (SWEEPER)**

1. The Event Organizer will provide a tail lift truck or a lorry to pick up any participants facing mechanical problems or drop participants that have exceeded the cut off time.

2. The broom wagon will follow the last rider in the CENTURY RIDE race convoy.
3. The broom wagon at designated water stations will assist to pick-up any participants who have exceeded the cut off time at the designated water station.

#### **K. MEDIC AND AMBULANCE**

1. Two (2) ambulances with paramedics will follow the CENTURY RIDE category convoy and 1 ambulance with paramedics will follow the FUN RIDE category convoy during the **C-Cycle Challenge 2018**.
2. List of nearby hospitals or clinics:-
  - i. Klinik Kesihatan Salak Tinggi
  - ii. Klinik Kesihatan Kuarters KLIA
  - iii. Klinik Kesihatan Lukut
  - iv. Klinik Kesihatan Sungai Pelek
  - v. Hospital Banting
  - vi. Nilai Medical Centre

#### **L. MEDICAL RECOMMENDATION**

1. Medical support will be available throughout the event. Participants must wear their cycling bib in order to receive such support.
2. Participants, who require medical response while on the route, may seek assistance from security personnel, event staff or traffic management personnel.
3. Medical personnel reserve the right to remove a rider if he/she is judged to be physically incapable of continuing his/her ride without risk of serious injury to him/herself or others.
4. Medical personnel reserve the right to make the final call to send casualties to the nearest and/or recommended hospital.
5. Recommendations by the Event Organizer, to reduce medical risk:-
  - i. Participants should drink plenty of fluids before, during and after their ride;
  - ii. Riders over the age of thirty-five (35) years and who have not done much regular exercise in the recent past, are strongly encouraged to undergo a medical check-up prior to the event; and
  - iii. Undertake a proper training regime to prepare for the event.

#### **M. INSURANCE POLICY**

1. All participants are covered under a basic complimentary Personal Accident insurance by Appointed Insurance Panel of the The New Straits Times Press (M) Berhad (NSTP). This insurance coverage shall commence from the official start of the race till the end of the race. Each participant will be covered as follows :-
  - i. RM1,000 for MEDICAL EXPENSES
  - ii. RM10,000 for PERMANENT DISABLEMENT & DEATH(Note: The above is subject to standard policy terms, conditions and exceptions as stipulated by the Insurer. All claims need to be submitted within fourteen (14) days from the accident occurrence date with the completed claim form and supporting documents. Any payouts are subject to assessments and approvals by the Insurer).
2. However, participants are advised to practice safe cycling, and certified fit to take part in this event.

#### **N. WEATHER POLICY**

The event will be held, rain or shine, unless the Event Organizer determines that conditions are too dangerous. This will be based on a prudent decision made three (3) days before the event day or on the event day by the Event Organizer and local law enforcement officer. If the event is cancelled due to inclement weather, there will be neither refunds nor transfer. In the event of inclement weather or unforeseen circumstances, the Event Organizer reserves the right to alter, cancel or eliminate any/all portions of the event.

#### **O. FINISH LINE AND PRIZE WINNING**

1. Participants are not allowed to turn back or cycle against the race flow after crossing the finish line. Participants are required to go straight to the resting area at Eco Grandeur Sales Gallery.
2. A winning participant may elect to receive an award in another prize category to which he/she is entitled to, which might offer a higher value prize. Notwithstanding the participant's election, his/her finishing position in each relevant prize category will not change.
3. The Event Organizer reserves the right to replace any winners if he/she is disqualified.
4. All prizes not claimed within two (2) weeks from the event date will be forfeited and the Organizer will be at liberty to redistribute or dispose of these proceeds as it sees fit.
5. "Gun Time" will determine the winners of all applicable categories.
6. All prize winners or potential prize winners wishing to appeal or dispute results must make such appeals on-site in person and in writing. Appeals must be received within 30 minutes of publishing of results on the board/announcement at the event site, and must be accompanied by an appeal fee of RM100 in cash. Where possible the appeal should be made before the prize presentation.

#### **CONSENT TO THE EVENT**

By taking part in the event, I agree to abide by these Rules & Regulations. The New Straits Times Press (M) Berhad, the Event Organizer and D Wish Management, the Technical Manager, reserves the right to modify such Rules & Regulations in any way and at any times deemed necessary or appropriate, without materially affecting the terms and conditions of this cycling event. I consent to the use of any photographs, motion pictures, images, recordings, or any other record which may include me, in any record of the event or for future promotion of the event.